



AIRPORT OVER 50 CLUB INC.
18 Coral Sea Road, Fulham SA 5024

Phone: 08 8353 5101

Website: www.airportover50club.org.au

Email: info@airportover50club.org.au

Office Open: Monday to Wednesday and Friday am only

DAILY ACTIVITIES SCHEDULE

Annual Membership Fee - \$20.00 (Due June/July)

MONDAY	9.00am - 10.00am 10.15am - 11.15am	Aerobic Cardio Dance L& Tone - \$7 Basic Keep Fit - \$7
TUESDAY	9.30am - 10.30am 10.45am - 11.45am 12.00pm - 1.00pm 1.00pm - 3.30pm	Zumba - \$7 Line Dancing (Beginner/Easy) - \$7 Line Dancing (Improver) - \$7 Mah-Jong - \$4
WEDNESDAY	9.30am - 10.30am 11.30am - 3.30pm 11.30am - 3.30pm	Basic Keep Fit - \$7 Billiards - \$4 Cards - \$4
THURSDAY	1.00pm - 3.30pm	Mah-Jong - \$4
FRIDAY	9.30am - 10.30am 11.30am - 3.30pm	Zumba Gold - \$7 Billiards, Indoor Bowls and Table Tennis - \$4
OTHER ACTIVITIES	• Photography group meets monthly on 2nd Monday • Social lunches are held at the Club on nominated Saturdays during the year. • Social Lunches are held during the year at external venues. • Two bus trips during the year at various SA locations.	

Volunteers are always welcome to help with the day-to-day running of the Club.

Speak to one of our Committee Members if you are interested.

Your Committee:

Executive Committee - Rosalie Haese (President), Sharen Stephens (Vice President)
 Jo Emms (Secretary) and Liz Owen (Treasurer).

Committee Members - Anne McNamara, Glenys Keast, Grace Zhang, Lesley Roberts,
 Malini Rajah, Mala Chand, Nancy Bament, Rita Caridi, Scott Colmer, Tanja Morgan,
 Stephen Farrarwell and Vincent Jeisman.

FUN AND FITNESS FOR EVERYONE