



**AIRPORT OVER 50 CLUB INC.**  
**18 Coral Sea Road, Fulham SA 5024**

**Phone: 08 8353 5101**

**Website: [www.airportover50club.org.au](http://www.airportover50club.org.au)**

**Email: [info@airportover50club.org.au](mailto:info@airportover50club.org.au)**

**Office Open: Monday to Wednesday and Friday am only**

## **DAILY ACTIVITIES SCHEDULE**

**Annual Membership Fee - \$20.00 (Due June/July)**

<b>MONDAY</b>	9.00am - 10.00am 10.15am - 11.15am	Aerobic Cardio Dance L& Tone - \$7 Basic Keep Fit - \$7
<b>TUESDAY</b>	9.30am - 10.30am 10.45am - 11.45am 12.00pm - 1.00pm 1.00pm - 3.30pm	Zumba - \$7 Line Dancing (Beginner/Easy) - \$7 Line Dancing (Improver) - \$7 Mah-Jong - \$4
<b>WEDNESDAY</b>	9.30am - 10.30am 11.30am - 3.30pm 12.00pm - 3.30pm	Basic Keep Fit - \$7 Billiards - \$4 Cards - \$4
<b>THURSDAY</b>	1.00pm - 3.30pm	Mah-Jong - \$4
<b>FRIDAY</b>	9.30am - 10.30am 11.30am - 3.30pm	Zumba Gold - \$7 Billiards, Indoor Bowls and Table Tennis - \$4
<b>OTHER ACTIVITIES</b>	<ul style="list-style-type: none"> <li>• Photography group meets monthly on 2<sup>nd</sup> Monday.</li> <li>• Social lunches are held at the Club on nominated Saturdays during the year.</li> <li>• Social Lunches are held during the year at external venues.</li> <li>• Two bus trips during the year at various SA locations.</li> </ul>	

**Volunteers are always welcome to help with the day-to-day running of the Club.**  
**Speak to one of our Committee Members if you are interested.**

# **FUN AND FITNESS FOR EVERYONE**



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