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Club Photo recreated using ChatGPT

Good morning Jo,

A warm welcome to all the new members who have joined the Club since our last edition — we're delighted to have you as part of the Airport Over 50s Club community.

Thank you for subscribing to the Airport Over 50s Club Newsletter — I hope you enjoy this edition and find the information helpful.

Jo Emms
Club President/Secretary and Newsletter Editor

Welcome, Spring!

Spring is here, bringing with it longer days, warmer sunshine and the cheerful return of colourful flowers and fresh green leaves.

It's a wonderful time of year to enjoy the outdoors, catch up with friends and family, and make the most of the little pleasures that each new day brings.

As nature wakes up around us, we hope this season brings you plenty of fresh energy, happy moments and opportunities to enjoy everything our community has to offer. Here's to a bright and beautiful spring!

Membership Fee

The Club's annual membership fee remains just **$20**, offering excellent value compared with many other clubs. Members quickly recoup this modest fee by attending the many subsidised events and activities offered throughout the year.

Annual membership renewals are now due by **30 June** each year. Throughout the month of June, our volunteers will remind members to renew their membership to ensure their membership remains current.

2026 Annual General Meeting (AGM)

The Management Committee scheduled the Club's Annual General Meeting (AGM) for Thursday, 9 July 2026. Unfortunately, the meeting was unable to proceed because the required quorum of 15% of the Club's voting members, as stipulated in the Club's Constitution, was not achieved.

As a result of the low attendance, the Management Committee rescheduled the AGM for 27 August. This also provided an opportunity to review the Club's Constitution and propose several amendments to better reflect the Club's current operations and improve future governance.

The proposed amendments included:

- Reducing the AGM quorum requirement from 15% of voting members to a minimum of 20 voting members, making it more practical to achieve a quorum.
- Changing the timing of the AGM from July to within three (3) months of the end of the financial year, allowing sufficient time for the Club's financial records to be audited.
- Aligning the membership period with the financial year by changing it from 1 August–31 July to 1 July–30 June.

I am pleased to report that these constitutional amendments were approved by the voting members at the rescheduled AGM in August.

A copy of the AGM Minutes are available on the Club's Noticeboard inside the main hall.

On behalf of the Management Committee, I sincerely thank the voting members for their ongoing support. These changes will strengthen the Club's governance and make it more practical to conduct future Annual General Meetings while ensuring the Club continues to operate efficiently and in the best interests of its members.

I am pleased to announce the Committee Members for the 2026 - 2027 financial year:

Jo Emms - President
Malini Ragah - Vice President
Jo Emms - Secretary (until it is filled)
Liz Owen - Treasurer

Committee Members - Anne McNamara, Glenys Kessel, Grace Zhang, Lesley Roberts, Mala Chand, Phyllis Brooke, Rita Cardi, Rod Martin, Scott Calmer and Vincent Jesman.

We welcome Phyllis and Rod to the Committee.

I would also like to acknowledge and sincerely thank our outgoing Committee Members for their dedication and contribution throughout the year. In appreciation of their valuable volunteer service, each outgoing Committee and Support Member was presented with a Certificate of Appreciation and a small gift.

Thank you for your time, commitment and support—it is greatly appreciated!



Activity Fees

The Club offers a range of regular activities at affordable prices:

- **Keep Fit, Zumba Gold and Zumba and Line Dancing: $7** per session
- **Pool/Billiards, Mah-Jong, Indoor Bowls and Card Games: $4** per session

Members can pay for activities by **cash**, **credit card**, or by purchasing **10-session tickets** for added convenience.

If paying by cash, we would appreciate members bringing the correct amount wherever possible. Please avoid using large denomination notes, as we are not always able to provide change.

Our volunteers on the Management Committee work tirelessly throughout the year to ensure the Club remains open, welcoming and running smoothly. Their dedication and commitment are greatly appreciated, and they help make it possible for everyone to enjoy the Club's many activities and services.

Christmas in July event



The Committee was delighted to organise a special event for our members this year as a way of saying "thank you" for their continued support of the Club.

To make the event affordable and encourage as many members as possible to attend, the Committee heavily subsidised the function, with tickets costing just $10 per person.

Members enjoyed a delicious two-course meal consisting of a traditional lamb roast with seasonal vegetables, followed by dessert tea and coffee.

The afternoon was made even more enjoyable with live entertainment provided by the Polaris 71 Band, who generously volunteered their time to perform. Their music created a wonderful atmosphere, with many members singing along, dancing and enjoying the afternoon together.

The event was a great success and received many positive comments from members. It was wonderful to see everyone enjoying themselves and sharing in a memorable day of friendship, fun and community spirit.

Below are some of the photos taken at the event.



Our Next Events

Hopefully by now you have purchased your ticket to join us for our **Spring BBQ Lunch** this **Saturday, 6 September**.

The small cost of **$10 per person**, includes a delicious **two-course meal**, along with **tea and coffee**.

The Club holds a **BYO liquor licence**, so you are welcome to bring your own alcoholic beverages. **Everyone is welcome** — we look forward to seeing you there!

Bus Trip – River Murray Captain Proud Cruise

Our next **Bus Trip** is scheduled for **Thursday, 8 October**.

Tickets will be available shortly for purchase from the Club Office. This trip is subsidised for our members at a cost of **$35 per person normally $81.** Due to the restricted numbers available on the paddle boat for lunch, the Club secured a 48 seater bus this time.

First priority for the bus trip is for members, however if seats are available, non-members can book at a full cost of $81.

We will enjoy a relaxing day in **Murray Bridge**, including a scenic **Captain Proud** cruise on the **River Murray**, with **lunch served on board**.

The bus will depart from the Club. Please arrive by **8:30 am** for a **9:00 am** departure.

Cash or Card payments are accepted.

Members are encouraged to provide the Committee with any suggestions for future events.

Club Improvements

The Club has undergone some improvements recently.



- The Club was successful in gaining a grant from the Department for Human Services to upgrade its office computer equipment. We purchased three (3) Lenovo all in one computers for the office and they were installed by an IT professional.
- The City of West Torrens updated the Club's kitchen cupboards and drawers in the Kitchen. We thank the Council for their ongoing support.

Emergency Evacuation Procedure

In the event of an EMERGENCY in the Club

- Stay calm.
- Notify a Committee Member on duty.
- Call **000** if emergency services are required.
- Leave the building using the **nearest safe exit**.
- **Do not run or push.**
- Follow the directions of Committee Members.
- If safe, assist anyone who may need help.

Assembly Area - Grass area between Building and Rotunda

Proceed directly to the designated **Assembly Area**.

- Stay with the group.
- Do not leave the Assembly Area until instructed by emergency services or the Committee Members.
- Refer to the map below for all the Club's exits.

Your safety is our highest priority. Please follow the directions of the Committee Members on duty at the Club.

Important

- Do **not** re-enter the building until it has been declared safe.
- Committee Members will check that everyone has safely evacuated.
- Report any missing person immediately to the emergency services or the person in charge.
- Once the emergency has been dealt with, you may leave to go home.





When to Call an Ambulance (000)

If a member, volunteer or visitor becomes seriously ill or injured at the Club, a Committee Member on duty will need to call 000 if they:

- Are unconscious or difficult to wake.
- Have chest pain or difficulty breathing.
- Have collapsed or are unresponsive.
- Show signs of a stroke (face drooping, arm weakness, slurred speech).
- Are having a seizure.
- Have severe bleeding that cannot be controlled.
- Have suffered a serious fall and cannot move or may have a head, neck or hip injury.
- Have a suspected heart attack or severe allergic reaction.
- Have any other life-threatening condition.

While Waiting for the Ambulance

- Stay calm and reassure the person.
- Do not move them unless they are in immediate danger.
- Provide first aid if you are trained to do so.
- Send someone to meet the ambulance at the entrance and direct paramedics to the person.
- Notify the Club President or the senior Committee Member present.
- If possible, contact the person's emergency contact.

If the Committee Member on duty at the Club is unsure whether an ambulance is needed, it is always safer to call 000 and follow the operator's instructions.

In an emergency situation, it is the responsibility of the individual/member to have Ambulance Cover to meet the cost of transport from the Club to a public hospital.



Some light-hearted **spring time jokes** for your enjoyment:

- Why did the gardener plant a light bulb?
  Because he wanted to grow a power plant!
- What happens when spring arrives?
  The flowers start to bloom and the gardeners start to groan!
- Why was the spring vegetable so popular?
  Because it was really "a-peel-ing"!
- What did the tree say when spring arrived?
  "What a re-leaf!"
- Why did the bee have sticky hair?
  Because it used a honeycomb!
- What's the best thing about spring cleaning?
  You get to find all the things you lost last spring!
- Why are flowers so good at solving problems?
  They always get to the root of the matter.
- What did one spring flower say to the other?
  "Hey, bud, how are you blooming?"
- Why did the gardener quit?
  He just couldn't dig it anymore!
- Spring is wonderful, **the sun comes out, the flowers bloom, and the weeds decide it's their turn to shine!**
- You know it's spring when **you put the heater away, get out the fan, and then spend the afternoon wondering what happened to the weather!**
- **Spring cleaning is just moving your clutter from one room to another and calling it exercise.**

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